

Rhythm Drills A Basic Note Values

Use braced FingerTips 2 to tap the rhythm patterns.
Use note value counting: Tah, tah hold, tah hold three, and tah hold three four.
If you have a digital piano, motivation is increased by using drum sounds to tap rhythm.

1A

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Rhythm Drills B Eighth Notes

Use Finger 2 to tap the rhythm patterns.
Use note value counting with 'one and'. On every beat say the 'and'.
If you have a digital piano, motivation is increased by using drum sounds to tap rhythm.

1B

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FingerTip Taps

Cheerio FingerTips
Make a round circle with the thumb and a FingerTip. Squeeze hard and make a strong first joint.
Do not let the FingerTip collapse. Do five Cheerios with each FingerTip five times a day.

Left Hand Braced* FingerTips	Left Hand Braced* FingerTips	Right Hand Braced* FingerTips	Right Hand Braced* FingerTips
TableTopTaps	PianoTaps	TableTopTaps	PianoTaps
Tap FingerTip 2 five times Tap FingerTip 3 five times Tap FingerTip 4 five times	Tap FingerTip 2 five times Tap FingerTip 3 five times Tap FingerTip 4 five times	Tap FingerTip 2 five times Tap FingerTip 3 five times Tap FingerTip 4 five times	Tap FingerTip 2 five times Tap FingerTip 3 five times Tap FingerTip 4 five times

Hands Together

TableTop Taps
Start with 5 taps, then 4 taps, then 3 taps, then 2 taps.

Tap FingerTips 3 together five times, etc.

Tap LH FingerTip 4
Tap RH FingerTip 2
Tap these FingerTips together five times, etc.

Tap LH FingerTip 2
Tap RH FingerTip 4
Tap these FingerTips together five times, etc.

Hands Together

PianoTaps
C Position: LH 5 = Bass C; RH 1 = Middle C
Start with 5 taps, then 4 taps, then 3 taps, then 2 taps

Tap both FingerTips 3 five times, etc.
on the note [E]

Tap LH FingerTip 4 on the note [D]
Tap RH FingerTip 2 on the note [D]
Tap these FingerTips together five times, etc.

Tap LH FingerTip 2 on the note [F]
Tap RH FingerTip 4 on the note [F]
Tap these FingerTips together five times, etc.

*Braced FingerTips: Touch the tip of the thumb to fingers 2, 3, or 4. This helps create a strong first joint in the FingerTip.
Do NOT make a braced FingerTip with Finger 5.

Warm Up 4 Stretch

Parallel Motion

C G F D A E D A E F B B

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