

# ENTRADA PIANO TECHNIQUE®

## TECHNICAL MOVEMENTS AND MICROMOTIONS

### Quiet Hand

FINGERPADS

*Wrist Breathing*  
Supple Wrist

LIFTDROP

### Tone Production

LIFT...DROPSLIDEIN...LIFTLETGO

### Vibrato

LIFT...DROPHOPHOP...LIFTLETGO

### Portato

LIFT...DROPLIFT...DROPLIFT *and/or*  
LIFT...DROPTIPTOE...IN [OUT]

### Rebound

BABYBOUNCE

*LeapFrog*  
Crossing the Midline

LIFT...DROPLETGO

### In and Out

LIFT...DROPTIPTOE...IN [OUT] *and/or*  
LIFT...DROPSLIDE...IN [OUT]

### Under and Over

TURNAROUND

### *SlurSlide*

### Two-Note Slur

LIFT...DROPSLIDEIN...LIFTLETGO



## PIANO PLAYING PREPARATIONS

### Body Alignment

SitBones

Center

TORSO BALANCED ON SITBONES

FlatFeet

WEIGHT FORWARD

Stand Up

SitBone Lean

RIGHT HAND UP HIGH

LEFT HAND DOWN LOW

SitBone Spin

BOTH HANDS UP HIGH

BOTH HANDS DOWN LOW

Karate Chop

DISTANCE FROM PIANO

HEIGHT OF HANDS

### Direction and Space

Right Hand and Left Hand

HAND AWARENESS

Right and Left

Up and Down

High and Low

SPATIAL DIMENSIONS

In and Out

IN TOWARD THE BLACK KEYS

OUT TOWARD THE BODY

## KEYBOARD GEOGRAPHY ACTIVITIES PLUS ENTRADA® TECHNICAL MOVEMENTS

### Black Key Discrimination

QUIET HAND VIBRATO LEAPFROG PIANOPAWS SUPPLE WRIST

### Black Key Discrimination + White Key Clusters

QUIET HAND VIBRATO LEAPFROG FINGERPADS

### Black Key Discrimination + White Key Cluster Leaders C and F

QUIET HAND VIBRATO LEAPFROG TONE PRODUCTION FINGER 3

### Black Key Discrimination + Naming CDE / FGAB

QUIET HAND VIBRATO LEAPFROG TONE PRODUCTION [FINGER 3] PORTATO

### White Key Identification

QUIET HAND LEAPFROG PORTATO TONE PRODUCTION [FINGER 3]

## GUIDE NOTE ACTIVITIES AND ENTRADA®

### FINGER DEVELOPMENT SEQUENCE

Single Tone Production: Finger 3

Three Sequential Tones  
Fingers 2, 3 and 4

Five Tones  
Fingers 1, 2, 3, 4 and 5

### GUIDE NOTES KEYBOARD IDENTIFICATION

#### Five C's

Label

Name

Show Me

### KEYBOARD FINGER DRILLS

#### Keyboard Finger Drills A

Five C's  
Low C, Bass, C,  
Middle C,  
Treble C, High C

Seconds  
Above and Below  
Guide Notes

#### Keyboard Finger Drills B

+ G-Clef G's  
Treble G and High G  
+ F-Clef F's  
Bass F and Low F

Thirds  
Above and Below  
Guide Notes

### GRAND STAFF ACTIVITIES

#### Music Map A

Keyboard Finger Drills  
Labeled Grand Staff Chart

#### Music Map B

Keyboard Finger Drills  
Unlabeled Grand Staff Chart

#### FlashPlay Drills

Guide Notes  
Sequential Presentations

#### FlashPlay Drills

Guide Notes  
Random Presentations

### FLASHPLAY DRILLS: SLUR INTRO

#### Two-Note SlurSlides

- Fingers 2 and 3
- Fingers 3 and 4

#### Two-Note SlurSlides

- Fingers 3 and 5
- Fingers 3 and 1

## PENTASCALE ACTIVITIES AND ENTRADA®

### TEACHING SEQUENCES

Finger Development  
 Articulation  
 Coordination  
 Transposition

### BEGINNING ELEMENTS

#### Finger Development

Finger Starters  
 Single Tone Finger 3  
 Dyads  
 Fingers 1 and 5

Articulation  
 Portato

Coordination  
 Contrary Motion

### PENTASCALES TRANSFORMED

#### In and Out

Parallel Motion  
 Reciprocal Inhibition

#### Under and Over

TurnAround

### COORDINATION SEQUENCE

Hands Separate

Contrary Motion  
*CopyCat*

One-Chord Songs  
 Ostinato Fifths

Parallel Motion  
*Parallel Paddle*

Two-Chord Songs  
 Dominant Stretch Down

### PENTASCALE MATERIALS

Symmetrical

Asymmetrical

Diagnoal

### TRANSPOSITION REVISITED

Finger Starters

One-Chord Songs

Two-Chord Songs

PentaScale Literature  
*Beyer, Gurlitt and Czerny*